BEHAVIORAL AND MENTAL HEALTH MINOR

Sponsored by the Departments of Counseling & School Psychology, Social Work, Psychology, Sociology, Family Studies, and Health Sciences

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSP 417</td>
<td>Counseling Skills</td>
<td>3</td>
</tr>
<tr>
<td>PSY 230</td>
<td>Human Development</td>
<td>3</td>
</tr>
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<td></td>
<td><strong>Total Credit Hours</strong></td>
<td><strong>6</strong></td>
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Choose one of the following emphases:

**Behavioral & Mental Health Emphasis**

Choose 12 credits from the following: 12

Courses must be selected from 3 different disciplines

- CSP 409  Medical & Psychosocial Aspects of Addictions
- FAMS 253  Child and Adolescent Development
- FAMS 486  Families in Crisis
- PSY 203  General Psychology
- PSY 231  Abnormal Behavior and Society
- PSY 407  Psychopathology
- SOC 275  Social Psychology
- SOC 462  Sociology of Health and Illness
- SOWK 400  Human Behavior in the Social Environment
- SOWK 469  Introduction to Mental Health Issues

Choose 5 credits from the following supporting electives: 5

Courses must be selected from 2 different disciplines

- CSP 404  Counseling & Mental Disorders
- CSP 407  Clinical Treatment Issues in Addictions Counseling
- CSP 408  Assessment, Case Planning & Management of Addictions
- FAMS 302  Parent Education
- FAMS 362  Families and Social Policy
- FAMS 450  The Aging Adult
- PSY 318  Experimental Social Psychology
- PSY 374  Psychology of Gender
- PSY 440  Health Psychology
- PSY 453  Experimental Child Psychology
- PSY 455  Adolescent Psychology
- PSY 462  Adult Development and Aging
- SOC 201  Social Inequality
- SOC 225  Global Cultures and Diversity
- SOC 310  Population Studies
- SOC 335  The Aged in American Society
- SOC 369  Sociology of Gender
- SOC 380  Sociology of Sexuality
- SOC 420  Race and Minority Relations

**Total Credit Hours** 17

**Alcohol & Drug Counseling Emphasis**

Take all of the following:

- CSP 404  Counseling & Mental Disorders 2
- CSP 407  Clinical Treatment Issues in Addictions Counseling 3
- CSP 408  Assessment, Case Planning & Management of Addictions 3
- CSP 409  Medical & Psychosocial Aspects of Addictions 3
- SOC 225  Global Cultures and Diversity 3
- SOWK 442  Social Work Practice with Groups 3

**Total Credit Hours** 17

**Sociology Courses**

- SOC 430  Sociology of Family
- SOC 461  Deviance and Social Control
- SOWK 172  Human Service Ethics and Experience