# Behavioral and Mental Health Minor

Sponsored by the Departments of Counseling & School Psychology, Social Work, Psychology, Sociology, Family Studies, and Health Sciences

### Required Core Courses:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSP 417</td>
<td>Counseling Skills</td>
<td>3</td>
</tr>
<tr>
<td>PSY 230</td>
<td>Human Development</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td><strong>Total Credit Hours</strong></td>
<td><strong>6</strong></td>
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</tbody>
</table>

### Choose one of the following emphases:

**Behavioral & Mental Health Emphasis**

Choose 12 credits from the following: 12

Courses must be selected from 3 different disciplines

- CSP 409 Medical & Psychosocial Aspects of Addictions
- FAMS 253 Child and Adolescent Development
- FAMS 486 Families in Crisis
- PSY 203 General Psychology
- PSY 231 Abnormal Behavior and Society
- PSY 407 Psychopathology
- SOC 275 Social Psychology
- SOC 462 Sociology of Health and Illness
- SOWK 400 Human Behavior in the Social Environment
- SOWK 469 Introduction to Mental Health Issues

Choose 5 credits from the following supporting electives: 5

Courses must be selected from 2 different disciplines

- CSP 404 Counseling & Mental Disorders
- CSP 407 Clinical Treatment Issues in Addictions Counseling
- CSP 408 Assessment, Case Planning & Management of Addictions
- FAMS 302 Parent Education
- FAMS 362 Families and Social Policy
- FAMS 450 The Aging Adult
- PSY 318 Experimental Social Psychology
- PSY 374 Psychology of Gender
- PSY 440 Health Psychology
- PSY 453 Experimental Child Psychology
- PSY 455 Adolescent Psychology
- PSY 462 Adult Development and Aging
- SOC 201 Social Inequality
- SOC 225 Global Cultures and Diversity
- SOC 310 Population Studies
- SOC 335 The Aged in American Society
- SOC 369 Sociology of Gender
- SOC 380 Sociology of Sexuality
- SOC 420 Race and Minority Relations

**Total Credit Hours**

### Alcohol & Drug Counseling Emphasis

Take all of the following:

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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</thead>
<tbody>
<tr>
<td>CSP 404</td>
<td>Counseling &amp; Mental Disorders</td>
<td>2</td>
</tr>
<tr>
<td>CSP 407</td>
<td>Clinical Treatment Issues in Addictions Counseling</td>
<td>3</td>
</tr>
<tr>
<td>CSP 408</td>
<td>Assessment, Case Planning &amp; Management of Addictions</td>
<td>3</td>
</tr>
<tr>
<td>CSP 409</td>
<td>Medical &amp; Psychosocial Aspects of Addictions</td>
<td>3</td>
</tr>
<tr>
<td>SOC 225</td>
<td>Global Cultures and Diversity</td>
<td>3</td>
</tr>
<tr>
<td>SOWK 442</td>
<td>Social Work Practice with Groups</td>
<td>3</td>
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</table>

**Total Credit Hours**

17