BEHAVIORAL AND MENTAL HEALTH MINOR

Sponsored by the Departments of Counseling & School Psychology, Social Work, Psychology, Sociology, Family Studies, and Health Sciences

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Required Core Courses:</td>
<td></td>
</tr>
<tr>
<td>CSP 417</td>
<td>Counseling Skills</td>
<td>3</td>
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<tr>
<td>PSY 230</td>
<td>Human Development</td>
<td>3</td>
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<td>Total Credit Hours</td>
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Choose one of the following emphases:

**Behavioral & Mental Health Emphasis**

Choose 12 credits from the following: 12

Courses must be selected from 3 different disciplines

- **CSP 409** Medical & Psychosocial Aspects of Addictions
- **FAMS 253** Child and Adolescent Development
- **FAMS 486** Families in Crisis
- **PSY 203** General Psychology
- **PSY 231** Abnormal Behavior and Society
- **PSY 407** Psychopathology
- **SOC 275** Social Psychology
- **SOC 462** Sociology of Health and Illness
- **SOWK 400** Human Behavior in the Social Environment
- **SOWK 469** Introduction to Mental Health Issues

Choose 5 credits from the following supporting electives: 5

Courses must be selected from 2 different disciplines

- **CSP 404** Counseling & Mental Disorders
- **CSP 407** Clinical Treatment Issues in Addictions Counseling
- **CSP 408** Assessment, Case Planning & Management of Addictions
- **FAMS 302** Parent Education
- **FAMS 362** Families and Social Policy
- **FAMS 450** The Aging Adult
- **PSY 318** Experimental Social Psychology
- **PSY 374** Psychology of Gender
- **PSY 440** Health Psychology
- **PSY 453** Experimental Child Psychology
- **PSY 455** Adolescent Psychology
- **PSY 462** Adult Development and Aging
- **SOC 201** Social Inequality
- **SOC 225** Global Cultures and Diversity
- **SOC 310** Population Studies
- **SOC 335** The Aged in American Society
- **SOC 369** Sociology of Gender
- **SOC 380** Sociology of Sexuality
- **SOC 420** Race and Minority Relations

**Total Credit Hours** 17

**Alcohol & Drug Counseling Emphasis**

Take all of the following:

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<tbody>
<tr>
<td>CSP 404</td>
<td>Counseling &amp; Mental Disorders</td>
<td>2</td>
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<tr>
<td>CSP 407</td>
<td>Clinical Treatment Issues in Addictions Counseling</td>
<td>3</td>
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<tr>
<td>CSP 408</td>
<td>Assessment, Case Planning &amp; Management of Addictions</td>
<td>3</td>
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<tr>
<td>CSP 409</td>
<td>Medical &amp; Psychosocial Aspects of Addictions</td>
<td>3</td>
</tr>
<tr>
<td>SOC 225</td>
<td>Global Cultures and Diversity</td>
<td>3</td>
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<tr>
<td>SOWK 442</td>
<td>Social Work Practice with Groups</td>
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**Total Credit Hours** 17