**BEHAVIORAL AND MENTAL HEALTH MINOR**

Sponsored by the Departments of Counseling & School Psychology, Social Work, Psychology, Sociology, Family Studies, and Health Sciences

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>CSP 417</td>
<td>Counseling Skills</td>
<td>3</td>
</tr>
<tr>
<td>PSY 230</td>
<td>Human Development</td>
<td>3</td>
</tr>
<tr>
<td>Total  Credit Hours</td>
<td></td>
<td>6</td>
</tr>
</tbody>
</table>

**Choose one of the following emphases:**

### Behavioral & Mental Health Emphasis

Choose 12 credits from the following:

- CSP 409 Medical & Psychosocial Aspects of Addictions
- FAMS 253 Child and Adolescent Development
- FAMS 486 Families in Crisis
- PSY 203 General Psychology
- PSY 231 Abnormal Behavior and Society
- PSY 407 Psychopathology
- SOC 275 Social Psychology
- SOC 462 Sociology of Health and Illness
- SOWK 400 Human Behavior in the Social Environment
- SOWK 469 Introduction to Mental Health Issues

Choose 5 credits from the following supporting electives:

- CSP 404 Counseling & Mental Disorders
- CSP 407 Clinical Treatment Issues in Addictions Counseling
- CSP 408 Assessment, Case Planning & Management of Addictions
- CSP 409 Medical & Psychosocial Aspects of Addictions
- SOC 225 Global Cultures and Diversity
- SOWK 442 Social Work Practice with Groups

Total Credit Hours | 17

---

**Alcohol & Drug Counseling Emphasis**

Take all of the following:

- CSP 404 Counseling & Mental Disorders | 2
- CSP 407 Clinical Treatment Issues in Addictions Counseling | 3
- CSP 408 Assessment, Case Planning & Management of Addictions | 3
- CSP 409 Medical & Psychosocial Aspects of Addictions | 3
- SOC 225 Global Cultures and Diversity | 3
- SOWK 442 Social Work Practice with Groups | 3

Total Credit Hours | 17