

# NUTRITION MINOR

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Offered by Department of Kinesiology and Sport Sciences (<http://catalog.unk.edu/undergraduate/departments-programs/kinesiology-sport-sciences/>)

**All students completing this minor will be required to earn a "C" or better grade in all PE courses in the minor.**

Code	Title	Credit Hours
<b>Requirements</b>		
PE 108	Introduction to Nutrition	3
PE 385	Advanced Nutrition	3
PE 495	Special Problems in Nutrition	3
BIOL 215	Human Physiology	3-4
or PE 310	Introduction to Human Physiology of Exercise	
or BIOL 226	Anatomy and Physiology	
PE 355	Food Preparation for Optimal Health	3
<b>Electives</b>		
Select 8-9 credit hours of the following:		8-9
FAMS 340	Family Life Education	
REC 477	Internship	
PSY 403	Psych of Motivation	
HSCI 140	Introduction to Public Health	
PE 498	Special Topics	
CSP 417	Counseling Skills	
PE 329	Introduction to Health Promotions	
PE 469	Sports Nutrition	
PE 473	Special Topics in Exercise Nutrition	
<b>Total Credit Hours</b>		<b>23-25</b>