

NUTRITION MINOR

Offered by Department of Kinesiology and Sport Sciences (<http://catalog.unk.edu/undergraduate/departments-programs/kinesiology-sport-sciences/>)

All students completing this minor will be required to earn a "C" or better grade in all PE courses in the minor.

Code	Title	Credit Hours
Requirements		
PE 108	Introduction to Nutrition	3
PE 345	Nutrition Through the Lifecycle	3
PE 355	Food Preparation for Optimal Health	3
PE 385	Advanced Nutrition	3
BIOL 215	Human Physiology	3-4
or PE 310	Introduction to Human Physiology of Exercise	
or BIOL 226	Anatomy and Physiology	
Electives		
Select 8-9 credit hours of the following:		8-9
FAMS 340	Family Life Education	
REC 305	Volunteer Practicum Nutrition	
HSCI 140	Introduction to Public Health	
PE 498	Special Topics	
CSP 417	Counseling Skills	
PE 329	Introduction to Health Promotion	
PE 372	Special Topics in Exercise Nutrition	
PE 469	Sports Nutrition	
SPCH 435	Introduction to Health Communication	
Total Credit Hours		23-25