

HEALTH AND PHYSICAL EDUCATION PK-12 TEACHING FIELD ENDORSEMENT, BACHELOR OF ARTS IN EDUCATION

Offered by Department of Kinesiology and Sport Sciences (<http://catalog.unk.edu/undergraduate/departments-programs/kinesiology-sport-sciences/>)

Code	Title	Credit Hours
General Studies		
<i>Foundational Requirements (LOPERs 1-4)</i>		12
Including:		
LOPER 2: Writing Skills		
ENG 101	Introduction to Academic Writing	
LOPER 3: Oral Communication Skills		
SPCH 100	Fundamentals of Speech Communication	
LOPER 4: Mathematics, Statistics, and Quantitative Reasoning		
MATH 102	College Algebra ¹	
	or MATH 106 Mathematics for Liberal Arts	
<i>Broad Knowledge Requirements (LOPERs 5-8)</i>		12
Including		
LOPER 7: Social Science		
PSCI 110	Introduction to American Politics	
<i>Dispositional Requirements (LOPERs 9-10)</i> ²		6
Including		
LOPER 9: Civic Competency and Engagement		
KSS 202	Foundations of Advocacy and Leadership in Education	
LOPER 10: Respect for Human Diversity		
TE 100	Teaching in a Democratic Society	
LOPER 11: Wellness		3
KSS 150	Healthy Wealthy and Wise	
Program-Specific Requirements		3
ENG 102	Special Topics in Academic Writing and Research	
Professional Sequence		
Complete all required courses ³		23-24
Including:		
TE 204	Growth & Development/Introduction to Exceptionalities	
TE 206	Instructional Technology and the Preservice Teacher	
TE 306	Reading and Inclusion in K-12 Classrooms	
TE 318	Management and Assessment in Preschool/Elementary Classrooms	
	or TE 319 Management and Assessment in K-12/Secondary Classrooms	

or TE 472	Management and Assessment in Middle Level Classrooms	
TE 400	Student Teaching ((12 hours))	
Endorsement		
Complete all required courses		58
Unrestricted electives		
Needed to complete 120 credit hours		2-3
Total Credit Hours		120

Major Option

Code	Title	Credit Hours
Health and Physical Education Teaching Field Endorsement Requirements		
KSS 100	Principles of Physical Education and Health	3
NUTR 108	Introduction to Nutrition	3
KSS 121	Foundations of Instructing Sport and Recreation Concepts	3
KSS 200	Physical Education and Health Methods I	3
KSS 203	Technology Literacy in Health and Physical Education	3
KSS 205	Foundations of Health Education	3
REC 215	Introduction to Outdoor Recreation	3
KSS 241	Foundations of Fitness and Rhythm in Physical Education	3
KSS 265	Emergency Medical Response	2
KSS 301	School Connectedness & Emotional Health	2
KSS 455	Promoting Healthy Youth Behaviors	3
KSS 311	Applied Anatomy and Kinesiology	4
KSS 325	Motor Learning and Development	3
KSS 369	Remedial and Adaptive Physical Education	3
KSS 414	Implementation of a Strength Program	2
KSS 428	Secondary Physical Education Methods	3
KSS 441	Elementary Physical Education Methods	3
KSS 450	Assessment and Evaluation in Health and Physical Education	3
KSS 464	School Health Methods	3
KSS 471	Field Experience in Health & Physical Education	3
Total Credit Hours		58

1

Students without sufficient preparation will also need to take the following, increasing the total credit hours needed:

- MATH 101

2

Designated courses with the appropriate content may be approved to satisfy one of the Broad Knowledge requirements plus LOPER 9 or Broad Knowledge plus LOPER 10. Courses may be approved to satisfy LOPER 9 or LOPER 10 alone. (Courses satisfying LOPER 9 or LOPER 10 alone must be 3 credit hours.) Students applying this option will need to take additional hours in other categories to meet the required GS hours.

3

Students must apply for admission to all Teacher Education programs (<http://catalog.unk.edu/undergraduate/departments-programs/teacher-education/professional-sequence-education-degrees/>).

This document represents a sample 4-year plan for degree completion with this major. Actual course selection and sequence may vary and should be discussed individually with your academic advisor. Advisors can also help you plan other experiences to enrich your undergraduate education such as internships, education abroad, undergraduate research, learning communities, and service learning and community-based learning.

Code	Title	Credit Hours
Semester 1		
KSS 150	Healthy Wealthy and Wise	3
TE 100	Teaching in a Democratic Society	3
KSS 100	Principles of Physical Education and Health	3
PSCI 110	Introduction to American Politics	3
LOPER 1: First-year Seminar		3
Total Credit Hours		15

Code	Title	Credit Hours
Semester 2		
KSS 200	Physical Education and Health Methods I	3
KSS 203	Technology Literacy in Health and Physical Education	3
ENG 101	Introduction to Academic Writing	3
MATH 102	College Algebra (LOPER 4)	3
or MATH 106	Mathematics for Liberal Arts	
LOPER 6: Humanities		3
Total Credit Hours		15

Code	Title	Credit Hours
Semester 3		
KSS 121	Foundations of Instructing Sport and Recreation Concepts	3
NUTR 108	Introduction to Nutrition	3
SPCH 100	Fundamentals of Speech Communication (LOPER 3)	3
TE 206	Instructional Technology and the Preservice Teacher	3
KSS 202	Foundations of Advocacy and Leadership in Education (LOPER 9)	3
Total Credit Hours		15

Code	Title	Credit Hours
Semester 4		
KSS 205	Foundations of Health Education	3
KSS 241	Foundations of Fitness and Rhythm in Physical Education	3
TE 204	Growth & Development/Introduction to Exceptionalities	4

LOPER 8: Natural Science		3
ENG 102	Special Topics in Academic Writing and Research	3
KSS 265	Emergency Medical Response	2
Total Credit Hours		18

Code	Title	Credit Hours
Semester 5		
REC 215	Introduction to Outdoor Recreation	3
KSS 325	Motor Learning and Development	3
KSS 311	Applied Anatomy and Kinesiology	4
KSS 301	School Connectedness & Emotional Health	2
KSS 455	Promoting Healthy Youth Behaviors	3
or KSS 855P	Promoting Healthy Youth Behaviors	
Total Credit Hours		15

Code	Title	Credit Hours
Semester 6		
KSS 369	Remedial and Adaptive Physical Education	3
KSS 414	Implementation of a Strength Program	2
KSS 441	Elementary Physical Education Methods	3
KSS 464	School Health Methods	3
or KSS 864P	School Health Methods	
TE 306	Reading and Inclusion in K-12 Classrooms	2
Unrestricted Elective		2-3
Total Credit Hours		15-16

Code	Title	Credit Hours
Semester 7		
KSS 450	Assessment and Evaluation in Health and Physical Education	3
KSS 471	Field Experience in Health & Physical Education	3
KSS 428	Secondary Physical Education Methods	3
LOPER 5: Visual or Performing Arts		3
TE 318	Management and Assessment in Preschool/Elementary Classrooms	2-3
or TE 319	Management and Assessment in K-12/Secondary Classrooms	
or TE 472	Management and Assessment in Middle Level Classrooms	
Total Credit Hours		14-15

Code	Title	Credit Hours
Semester 8		
TE 400	Student Teaching	12
Total Credit Hours		12