HEALTH EDUCATION 7-12
TEACHING SUBJECT ENDORSEMENT, BACHELOR OF ARTS IN EDUCATION
Offered by Department of Kinesiology and Sport Sciences (http://catalog.unk.edu/undergraduate/departments-programs/kinesiology-sport-sciences)

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
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### General Studies

**Foundational Core (Written, Math, Oral, Democracy)**

Foundational Core courses (http://catalog.unk.edu/undergraduate/general-studies/general-studies-courses) 12

Including:

- **ENG 102** Academic Writing and Research
- **SPCH 100** Fundamentals of Speech Communication
- **TE 100** Teaching in a Democratic Society

**Portal**

Select one course numbered 188 (http://catalog.unk.edu/undergraduate/general-studies/general-studies-courses/portal-course) 3

**Distribution**

**ENG 101** Introduction of Academic Writing 3

If ENG 101 is taken as a prerequisite for ENG 102 then only 24 additional hours are required to meet the 27 credit hour minimum in the Distribution Area of General Studies

**Aesthetics** (http://catalog.unk.edu/undergraduate/general-studies/general-studies-courses/aesthetics) 3

**Humanities** (http://catalog.unk.edu/undergraduate/general-studies/general-studies-courses/humanities) 6

**Social Sciences** (http://catalog.unk.edu/undergraduate/general-studies/general-studies-courses/social-sciences) 6

Including:

- **FAMS 151** Human Sexual Behavior
- **PSCI 110** Introduction to American Politics

**Natural Sciences** (http://catalog.unk.edu/undergraduate/general-studies/general-studies-courses/natural-sciences) 7

Including:

- **GEOG 103** The Dynamic Planet: Hazards in the Environment

**Analytical and Quantitative Thought** (http://catalog.unk.edu/undergraduate/general-studies/general-studies-courses/analytical-quantitative-thought) 0

**Wellness** (http://catalog.unk.edu/undergraduate/general-studies/general-studies-courses/wellness) 3

Including:

- **PE 150** Healthy Wealthy and Wise

**Capstone**

Select one course numbered 388 (http://catalog.unk.edu/undergraduate/general-studies/general-studies-courses/capstone-course) 3

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### Professional Sequence

Complete all required courses 1 23

Including:

- **TE 319** Management and Assessment in K-12/Secondary Classrooms

### Endorsement

Complete all required courses 30

### Unrestricted electives

Needed to complete 120 credit hours 21

Total Credit Hours 120

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**Health Ed 7-12 Subject Endorsement Requirements**

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<thead>
<tr>
<th>Code</th>
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<tbody>
<tr>
<td>PE 100</td>
<td>Principles of Physical Education</td>
<td>2</td>
</tr>
<tr>
<td>PE 121</td>
<td>Sports Skills for Physical Education</td>
<td>2</td>
</tr>
<tr>
<td>PE 200</td>
<td>Teaching Sport Skills and Non-Rhythmic Activities</td>
<td>2-3</td>
</tr>
<tr>
<td>PE 265</td>
<td>Emergency Medical Response</td>
<td>2</td>
</tr>
<tr>
<td>PE 310</td>
<td>Introduction to Human Physiology of Exercise</td>
<td>3</td>
</tr>
<tr>
<td>PE 329</td>
<td>Introduction to Health Promotions</td>
<td>3</td>
</tr>
<tr>
<td>PE 360</td>
<td>Introduction to Anatomical Biomechanics</td>
<td>4</td>
</tr>
<tr>
<td>PE 464</td>
<td>School Health Methods</td>
<td>3</td>
</tr>
<tr>
<td>PE 488</td>
<td>Senior Seminar in Health &amp; Physical Education</td>
<td>1</td>
</tr>
<tr>
<td>PE 471</td>
<td>Field Experience in Health &amp; Physical Education</td>
<td>2</td>
</tr>
<tr>
<td>CSP 417</td>
<td>Counseling Skills</td>
<td>3</td>
</tr>
<tr>
<td>FAMS 110</td>
<td>Introduction to Nutrition</td>
<td>3</td>
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Total Credit Hours 30-31

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1 Students must apply for admission to all Teacher Education programs (http://catalog.unk.edu/undergraduate/departments-programs/teacher-education/professional-sequence-education-degrees).