

COACHING MINOR

Offered by Department of Kinesiology and Sport Sciences (<http://catalog.unk.edu/undergraduate/departments-programs/kinesiology-sport-sciences/>)

Code	Title	Credit Hours
Requirements		
KSS 264	Foundation of Athletic Training	2
KSS 265	Emergency Medical Response	2
KSS 311	Applied Anatomy and Kinesiology	4
or KSS 360	Introduction to Anatomical Biomechanics	
KSS 320	Sports Coaching Philosophy and Leadership	3
KSS 401	Psychology of Sport	3
KSS 421	Administration of High School Athletics	2
KSS 414	Implementation of a Strength Program	2
REC 301	Volunteer Practicum in Coaching	2
TE 408	Human Relations	1
Select at least 1 course:		2-3
KSS 328	Water Safety Instructor	
KSS 330	Volleyball Theory	
KSS 331	Football Theory	
KSS 333	Basketball Theory	
KSS 334	Track Theory	
KSS 337	Baseball/Softball Theory	
KSS 422	Essentials of Strength and Conditioning	
Total Credit Hours		23-24