

# PRE-DIETETICS

Offered by Health Science Programs (<http://catalog.unk.edu/undergraduate/departments-programs/health-science-programs/>)

## Pre-Dietetics

*A student interested in pursuing a master's degree to become a registered dietitian must have successfully completed a bachelor's degree and the following required courses. Students should check with the dietetics program(s) to which they intend to apply to ensure that other requirements are fulfilled. Some dietetics programs require a course in Medical Nutrition Therapy as part of their prerequisites. Students should consult with their advisor to discuss requirements.*

*Students pursuing a pre-dietetics curriculum are expected to choose a major so that they can be working towards a bachelor's degree concurrently with the pre-dietetic program. This requires a major/minor combination or a comprehensive major as well as completion of the UNK general studies requirements and other degree requirements set forth in the college catalog.*

Code	Title	Credit Hours
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### Required Courses:

Take all of the following:

BIOL 106	Biology II	4
BIOL 211	Human Microbiology	4
CHEM 160 & 160L	General Chemistry and General Chemistry Laboratory	4
CHEM 161 & 161L	General Chemistry and General Chemistry Laboratory	4
CHEM 351	Biochemistry I	4
PE 108	Introduction to Nutrition	3
PE 355	Food Preparation for Optimal Health	3
PE 385	Advanced Nutrition	3
PSY 203	General Psychology	3

Take one of the following: 4

BIOL 215 Human Physiology

BIOL 226 Anatomy and Physiology

Take one of the following options: 5

CHEM 250 & 250L Fundamentals of Organic Chemistry and Fundamentals of Organic Chemistry Lab

Or

CHEM 360 & 360L Organic Chemistry and Organic Chemistry Laboratory

### Suggested Electives:

Statistics:

STAT 241 Elementary Statistics

Community Nutrition:

PE 372 Special Topics in Exercise Nutrition

Motivational Interviewing:

CSP 417 Counseling Skills

Medical Terminology:

BIOL 325 Medical Terminology

Community Health:

PE 329 Introduction to Health Promotion

PE 468 Public Health Aspects of Physical Activity

### Additional Requirements:

Students will need to submit scores from the Graduate Record Exam (GRE) upon application to a master's degree program in dietetics. A minimum 3.0 GPA is required. Students must earn a grade of C or higher in all science courses and a grade of B or higher in all nutrition courses in order to be competitive.

Total Credit Hours

41