

PRE-ATHLETIC TRAINING

Health Science Program

Pre-Athletic Training

A candidate for admission to the Master of Athletic Training (MAT) program at University of Nebraska at Kearney must have successfully completed a bachelor's degree and the following required courses. For admission into the UNK MAT program, students are required to provide professional recommendations, complete an interview with UNK Athletic Training faculty/staffs, and complete clinical observation/shadowing.

A candidate pursuing a program of study in pre-athletic training is expected to choose a major so that they can be working towards a bachelor's degree concurrently with the pre-athletic training program. This requires a major/minor combination or a comprehensive major as well as completion of the UNK General studies requirements and other degree requirements set forth in the college catalog.

Code	Title	Credit Hours
Required Courses:		
Take one of the following:		4
CHEM 145	Introductory Chemistry	
CHEM 148 & 148L	Introductory Chemistry for the Health Sciences and Introductory Chemistry for the Health Sciences Lab	
CHEM 160 & 160L	General Chemistry and General Chemistry Laboratory	
Take one of the following:		4-5
PHYS 203	General Physics for Allied Health	
PHYS 205 & 205L	General Physics I and Physics I Laboratory	
Take one of the following:		3-4
BIOL 226	Anatomy and Physiology	
PE 310	Introduction to Human Physiology of Exercise	
Take all of the following:		
PE 264	Foundation of Athletic Training	2-4
PE 265	Emergency Medical Response	2
PE 360	Introduction to Anatomical Biomechanics	4
PE 461	Physiology of Exercise	4
PE 467	Fitness Testing	4
PE 469	Sports Nutrition	3
Suggested Electives:		
PE 401	Psychology of Sport	
PE 414	Implementation of a Strength Program	
PE 422	Essentials of Strength and Conditioning	
PE 425	Legal Aspects of Sport and Recreation	
PE 430	Organization and Administration in Recreation, Sport and Events	
REC 304	Volunteer Practicum in Athletic Training Foundations	

Total Credit Hours

30-34

Additional Requirements:

- A minimum 3.0 GPA is required. Students must earn a grade of C or higher in all science courses and a grade of B or higher in all exercise science/physical education courses in order to be competitive.
- Clinical Observation Requirements: UNK Master of Athletic Training requires a minimum of 40 hours of clinical observation supervised by a Certified Athletic Trainer. This can also be done through REC 304 Volunteer Practicum – Athletic Training course.
- Entrance Examination such as GRE is NOT required for the admission to the UNK Master of Athletic Training program.
- International Student must have a successful English Proficiency Scores: minimum TOEFL score of 550 for the paper version and 79 for the internet version. The minimum IELTS score is 6.5. Applicants completing a bachelor's degree from a college/university in the U.S. may be exempt from this requirement.
- Candidates should submit the application (Fall admission only) by July 1st for the traditional 2 years Master of Athletic Training or by April 1st for the 3+2 Athletic Training sequence through the UNK Graduate Studies.

Accelerated program pathway (3+2 Athletic Training sequence):

UNK Master of Athletic Training (MAT) program also offers a 3+2 athletic training academic sequence: completing the bachelor's and MAT at UNK in 5 years (dual enrollment in the 4th year of the undergraduate and 1st year of the MAT). It is a candidate's responsibility to complete a total of 120 undergraduate credit hours and all required undergraduate courses to earn the bachelor's degree prior to the 2nd year of the MAT.

A candidate interested in the 3+2 Athletic Training academic sequence needs to complete PE 405 – Athletic Injury Assessment I LE (Fall only) and PE 406 – Athletic Injury Assessment II UE (Spring only) in the 4th year along with the other final major courses and the 1st year MAT courses. The program also offers the Athletic Training Foundation minor to make this transition smooth. Please visit [unk.edu/athletictraining](https://www.unk.edu/academics/hperls/athletic-training/) (<https://www.unk.edu/academics/hperls/athletic-training/>) and/or contact the athletic training faculty at UNK for further information.