NUTRITION MINOR

Offered by Department of Family Studies and Interior Design (http://catalog.unk.edu/undergraduate/departments-programs/family-studies-interior-design)

All students completing this minor will be required to earn a "C" or better grade in all FAMS courses in the minor.

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credit Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAMS 110</td>
<td>Introduction to Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>FAMS 380</td>
<td>Advanced Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>FAMS 495</td>
<td>Special Problems in Nutrition</td>
<td>3</td>
</tr>
<tr>
<td>BIOL 215</td>
<td>Human Physiology</td>
<td>3-4</td>
</tr>
<tr>
<td>or PE 310</td>
<td>Introduction to Human Physiology of Exercise</td>
<td></td>
</tr>
</tbody>
</table>

**Electives**

Select 9 credit hours of the following: 9

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>FAMS 340</td>
<td>Family Life Education</td>
</tr>
<tr>
<td>FAMS 395</td>
<td>Individual Studies in FAMS</td>
</tr>
<tr>
<td>FAMS 475</td>
<td>Internship</td>
</tr>
<tr>
<td>CSP 417</td>
<td>Counseling Skills</td>
</tr>
<tr>
<td>PE 329</td>
<td>Introduction to Health Promotions</td>
</tr>
<tr>
<td>PE 469</td>
<td>Sports Nutrition</td>
</tr>
<tr>
<td>PE 473</td>
<td>Special Topics in Exercise Nutrition</td>
</tr>
</tbody>
</table>

Total Credit Hours 21-22

1 Students may take a maximum of 3 credit hours.