

STUDENT COUNSELING

Location: Health Science Education Center II, 2504 University
Drive Phone: 308-865-8248

Emergency Crisis Phone (after business hours): 308-865-8248

Hours: Monday - Friday 8:00 a.m. to 5:00 p.m.

Website: https://www.unk.edu/offices/counseling_healthcare/counseling_care/index.php (https://www.unk.edu/offices/counseling_healthcare/counseling_care/)

UNK Counseling provides professional mental health counseling by licensed mental health practitioners and graduate interns, intended to empower students in making healthy life choices for personal growth and academic success. The American Counseling Association Code of Ethics and Standards of Practice serve as the guide in its provision of services. Strict confidentiality is a core principle. Services include individual mental health counseling sessions, couples counseling, group counseling, substance abuse assessments and outpatient counseling, and referrals to community resources as appropriate.