

# HEALTH EDUCATION, MASTER OF ARTS IN EDUCATION

<sup>1</sup> Alternate coursework is available through UNO. Please consult your advisor for a list of approved UNO courses.

Offered by Department of Kinesiology and Sport Sciences (<http://catalog.unk.edu/graduate/departments/kinesiology-sport-sciences/>)

## Program Information and Admission Requirements

Admission to degree work is contingent on:

1. Evaluation of the candidate's undergraduate transcript.
2. Applicants are to submit a one (1) page personal statement as to why they would like to pursue a Master's in Health Education.

## Graduation Requirements

In addition to their coursework, students must successfully complete a comprehensive examination/project prior to graduation or may choose to complete a Thesis. Students must also complete a graduate exit survey during the semester of graduation. More information can be obtained from the Graduate Program Chair, Dr. JP Rech, [rechjp@unk.edu](mailto:rechjp@unk.edu).

The Masters in Health Education is offered fully online only. This program requires 30 credit hours for completion. This program is a collaboration between UNK and UNO campuses.

All students are required to complete an exit survey during the semester of graduation or program completion.

Code	Title	Credit Hours
<b>Requirements</b>		
KSS 840	Essentials of Sports Nutrition	3
KSS 855P	Promoting Healthy Youth Behaviors	3
KSS 861	Applied Physiology of Exercise	3
KSS 864P	School Health Methods	3
KSS 874	Seminar and Practicum in Health or Physical Education	3
KSS 875	Advocacy and Leadership in Health and Physical Education	3
KSS 850	Research Method in Kinesiology & Sport Sciences <sup>1</sup>	3
All Health Education MAE students must take 9 credits of approved coursework at UNO. Please see advisor for exact coursework.		9
<b>Culminating Project</b>		<b>0-6</b>
Select one of the following:		
<i>Comprehensive Portfolio</i>		
Students who select the Comprehensive Portfolio track will collect artifacts showcasing their best work throughout their time in the program. Students will complete their portfolio following the National Board certification process.		
<i>Thesis</i>		
Take 6 credits of the following:		
KSS 896	Thesis	
<b>Total Credit Hours</b>		<b>30-36</b>